



## **Dexterity Rhythmic Gymnastics Club**

### **CLUB CONSTITUTION**

#### **Title**

The Club shall be called Dexterity Rhythmic Gymnastics Club ('the Club') and shall be affiliated to British Gymnastics, the East Midlands Gymnastics Association, the Northants County Gymnastics Association, and local Community / Education Authorities as appropriate.

#### **Purpose**

The purpose of the Club is to promote the amateur sport of Rhythmic Gymnastics in Northampton and it's surrounds, for community participation.

#### **Permitted Means**

- Acquiring / hiring suitable facilities for the practice and coaching of the different aspects and levels of Rhythmic Gymnastics
- Providing coaching, training and related pastoral care in a safe and friendly environment
- Ensuring coaches, gymnasts, helpers and committee adhere to required regulations at all times, including insurance cover
- Raising funds to assist in financing general running of the club and for special purposes
- Affiliating the Club to appropriate organising bodies of sport

#### **Aims & Objectives**

- To foster and promote Rhythmic Gymnastics and associated activities
- To provide opportunities for children to fulfil their potential through participation in a range of activities at their individual and personal level
- To provide opportunities for the development of social and cutlural skills, through group interaction and involvement in a variety of activities and situations
- To encourage young adults to develop skills in leadership, and club management, through shared responsibilities, planning, and coaching
- To promote the development of confidence and self-esteem of both children and young adults
- To uphold a policy of good practice for coaches, children and young adults, and to respond to the needs and desires of all individuals
- To work within a desired policy for the Health, Welfare and Safety of all participants, and have a fully trained Welfare Officer within the Club

## **Membership**

Membership of the Club is open to everyone. The Club will uphold an Equal Opportunities policy, and will respect and promote the rights, wishes and feelings of all individuals, regardless of age, sex, disability, ethnicity, nationality, religion or other beliefs.

Membership of the Club will be through an annual subscription which will cover registration and insurance with British Gymnastics, affiliation to the East Midlands Region.

Membership Forms will be completed and signed by individuals (or parents if under 16).

A register of members will be kept.

Members will receive a British Gymnastics Membership Card.

The Club may refuse or remove Membership, for good cause only, if considered that the Club or the sport is likely to be brought into disrepute.

## **Management**

The Club will be managed and run by :

- Chairperson
- Secretary / Treasurer
- Welfare Officer
- Committee of Senior Coaches
- Sub-committee of Assistant Coaches
- Sub-committee of Parents – for fund-raising, and events

The affairs of the Club shall be controlled by a General Committee consisting of the Chairperson, Secretary / Treasurer, Welfare Officer, and at least 1 Senior Coach, 1 Assistant Coach and 1 Committee Parent.

The General Committee may decide it's own way of operating, and decisions shall be by simple majority of those voting.

## **Meetings**

- An Annual Meeting of all Committee members will be held no later than
- 31 May each year, when reports of the year's activities and achievements will be given, financial accounts will be presented, policy / procedural issues will be addressed, key targets for the ensuing year will be identified and elections of a Chair, Secretary and Treasurer will take place
- The Committee of Senior Coaches will meet each month, or more frequently if required, for purposes of planning and preparation, reporting, and dealing with correspondence, or any other issues arising
- Sub-committees will meet as and when required, but at least once a term

## **Finance**

The Club shall be financed by subscriptions and fees from members, plus any fund-raising activities undertaken.

All other outgoings such as entry fees, purchase of personal equipment, travel and admission to events and activities will be paid by individuals.

Any surplus of monies shall be used by the Club to provide equipment or extra facilities as needed.

Coaches and teachers shall be funded by Club

Helpers shall work within the Club in a voluntary capacity.

An accurate account of the finances of the Club shall be kept and must be available for inspection.

The Club shall have it's own dedicated bank account

## **Rules and Conditions**

An agreed set of Club rules and conditions shall be laid out, defining expected standards of participation and behaviour by both children and adults, gymnasts, coaches and helpers.

The Club shall abide by the standards and expectations set out by British Gymnastics, and shall be accountable to British Gymnastics.

## **Disbanding the Club**

The General Committee will be responsible for an orderly winding up of the Club  
All liabilities will be settled, and the net assets disposed of to another Rhythmic Gymnastics club or to the governing body, region, or county, for use by them for similar community sports

Signed ..... *Estha Jones* ..... Club Principal